



# Nurse Navigator

Helping you find your way.



Well Respected. Well Connected.<sup>SM</sup>

Harvey, Tinley Park  
Call 708.915.HOPE (4673) for more information.



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If you have faced a diagnosis of cancer, it is easy to feel overwhelmed and bewildered by both your diagnosis and the complexity of the treatment plan. Ingalls is making that journey easier with the help of your own Nurse Navigator.

## Finding your way is easier with a little help.

Your Nurse Navigator is an expert on your side. Ingalls Cancer Care Nurse Navigators are experienced oncology nurses, which means you won't surprise or stump them with difficult or sensitive questions about your cancer or your treatment. Your Nurse Navigator is an expert clinician and personal advocate who is your go-to person and will be at your side to help you understand your cancer and treatment plan.

Your Nurse Navigator will:

- help coordinate your appointments, tests, and treatments with your entire Ingalls Cancer Care team.
- help explain in easy-to-understand language the goals, benefits, and risks of treatment choices.
- provide individualized support on symptom management and nutritional coaching before, during, and after treatment.
- participate in weekly cancer conferences with doctors and nurses to determine the best treatment plan for you.



## Your Nurse Navigator will keep you well connected.

Your Ingalls Cancer Care Nurse Navigator respects your right to have all the information you need and will demystify the treatment path, because educated patients make better choices and enjoy better outcomes.

Your Nurse Navigator will:

- help coordinate the most personally appropriate care with your entire Ingalls Cancer Care team.
- help ensure you benefit from the best technology, clinical skill, and supportive resources for your particular need.
- help connect you to promising new clinical trials.
- coordinate care with hospitals and/or expertise outside the Ingalls system when that would be beneficial to you.
- help connect you to resources to provide reassurance, support, and advocacy.
- stay connected with you to help you through your recovery.

## Our goal for you.

We want you to receive the best possible care and support wherever your path leads. After all, it's your path, it's your cancer, and Ingalls treats only one kind of cancer...yours.

## Begin here. Begin now.

Get connected now. Call 708.915.HOPE (4673) and ask to speak with a Nurse Navigator.