

SPORTS MEDICINE

Ingalls Sports Medicine

Program includes a team of highly trained professionals who go the distance to get you back in the game. Whether you're an avid amateur, school or college athlete, weekend warrior, or everyday active individual, you can count on our team. The Ingalls Sports Medicine Program includes the Ingalls Sports Network and dedicated services at the Flossmoor Family Care Center.



Program Overview

The Ingalls Sports Network (ISN) includes a dedicated coordinator who is available 24/7 to respond to athletes and active individuals in need of a referral for evaluation and treatment of various injuries. The goal of ISN is to provide rapid evaluation and care for injuries, as well as ongoing education for coaches, trainers, athletic directors and employers. A team of

board-certified orthopedic physicians with demonstrated expertise in sports medicine, arthroscopy and a range of minimally invasive procedures have partnered with Ingalls to ensure evaluation within 24 to 48 hours of an injury.



SPORTS MEDICINE



Services

Sports medicine services available for on-site evaluation include injury prevention, diagnosis, treatment, rehabilitation and performance acceleration through a team approach.

- ▶ The team includes orthopedic surgeons, physiatrists, physical and occupational therapists, massage therapists, acupuncture specialists and nutritionists
- ▶ One-stop services allow patients to access Urgent Aid, physician specialists, advanced diagnostic and imaging services, sports rehabilitation, nutritional counseling, therapeutic devices, education (injury prevention) and a variety of other specialty services
- ▶ Consultations with physician specialists are available by appointment within 24-48 hours by calling the Ingalls Sports Network hotline.

For more information, or to make an appointment, please call **708.915.OUCH (6824)**

FLOSSMOOR



Family Care Center
Flossmoor