

PAIN MANAGEMENT

Pain is a complex medical problem that can affect one's personal, professional and emotional well-being. Through

Ingalls Pain Management Program, we offer many ways to diagnose and treat patients so they can regain control of their lives. Our pain management specialists relieve pain in all areas of the body including the head and neck, back, joints, hips and abdomen. We also treat pain from medical conditions including cancer, diabetes, fibromyalgia and osteoporosis.



Services

Services available for on-site evaluation include:

- ▶ A dedicated clinical program coordinator who consults with patients and assists with every step of the referral and consultative process
- ▶ Pain specialists in: anesthesiology, psychiatry, psychology, addictionology and physiatry
- ▶ Advanced diagnostics and imaging services, such as X-ray, CT, MRI
- ▶ Rehabilitation services
- ▶ Massage therapy and acupuncture



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Referral Process

Services at the Flossmoor Family Care Center can be accessed directly by the patient, or through a physician referral or employer referral. After a referral is received, the first step in the process may be a consultation with a pain specialist.



Treatment Options

The Pain Program treats each patient as an individual. After a thorough history, physical examination and testing, a diagnosis is made and patients are treated with therapies such as:



- Analgesic drug management
- Injection therapies
- Outpatient physical and occupational therapy
- Behavioral medicine
- Lifestyle modification
- Complementary medicine services

For more information, or to make an appointment, please call

1.800.221.2199

FLOSSMOOR

 **Ingalls**

Family Care Center
Flossmoor