

HIP, KNEE & SHOULDER PAIN

Pain

Joint pain is a major concern for millions of

people. There are many conditions that can cause pain and inflammation in joints. The Ingalls Joint Center is the only program in Chicago's South Suburbs dedicated solely to treating joint pain, disorders and injuries such as sports or work-related injuries, arthritis, bursitis,

gout and tendonitis. This unique service combines a renowned team of joint experts with the most advanced technology and up-to-date information available today.

Services

Services available for on-site evaluation include:

- ▶ A dedicated clinical program coordinator who consults with patients and assists with every step of the referral and consultative process
- ▶ Physician specialists, including orthopedic surgeons, podiatric surgeons, rheumatologists and physiatrists
- ▶ Advanced diagnostics and imaging services, such as X-ray, CT, MRI
- ▶ Neurophysiology services, including EMG
- ▶ Nutritional and weight evaluations
- ▶ Shoulder and knee clinics
- ▶ Osteoporosis screening



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Referral Process

Services at the Flossmoor Family Care Center can be accessed directly by the patient, through physician referral or employer referral. After a referral is received, the first step in the process may be a consultation with a physiatrist or orthopedic surgeon.

Treatment Options

Once the physician specialist completes a thorough evaluation, patients may be referred for one or more of the following services:

- ▶ **Diagnostics:** X-ray, Bone Densitometry, MRI, CT, Lab
- ▶ **Conservative Treatment:** physical therapy, massage therapy, acupuncture, chiropractic
- ▶ **Pain Management Services:** medication, injections, psychology services
- ▶ **Consultation** with a rheumatologist
- ▶ **Prevention & Maintenance Services,** including education and exercise classes

If surgery is needed, a dedicated Joint Center is available at Ingalls Memorial Hospital. There, experts in joint revision, reconstruction and replacement are committed to restoring natural mobility and minimizing discomfort.

For more information, or to make an appointment, please call **1.800.221.2199**

FLOSSMOOR



Family Care Center
Flossmoor