

**South Suburban Family Shelter, Inc.** provides comprehensive, coordinated services to families in which domestic violence exists without imposing any one solution. South Suburban Family Shelter accepts clients regardless of race, color, religion, national origin, sex, gender identity, sexual orientation, disability, marital status or age. (Services are provided in English and Spanish.)

- ▶ Counseling for women and children
- ▶ 24-hour hotline
- ▶ Emergency shelter for domestic violence victims
- ▶ School prevention programs
- ▶ Court advocacy
- ▶ Transitional housing for homeless women and children



**South Suburban PADS** is an inter-faith program providing shelter and supportive services to homeless persons. Compassion, hospitality and dignity are key characteristics of the PADS program.

- ▶ Shelter and supporting services for the homeless

**Thornton Township District 205** includes: Thornton Township High School in Harvey, Thornridge High School in Dolton and Thornwood High School in South Holland.

- ▶ DCFS-licensed Infant Care Center for children of District 205 parenting teens
- ▶ Referral service for physicians and parenting education

**WRAP, Inc. (Women's Resource Assistance Program)** is a community partnership not-for-profit organization that offers comprehensive services and programs that are designed to increase the

educational and personal development of women and their families.

- ▶ Comprehensive educational and personal development services and programs

**Zeta Phi Beta Sorority, Inc.** is a community-conscious, action-oriented organization. Organized in 1920, it is one of the largest Greek-lettered national sororities in the United States.

- ▶ Stork's Nest, a prenatal education program that provides incentives to promote prenatal care participation and healthy behaviors during pregnancy

## Cost for service

The Healthy Baby Network does not charge a fee to use its services. Each patient is assessed for public aid programs that provide medical, nutritional or financial assistance. Patients who are qualified to receive public assistance are enrolled in the appropriate program(s) with the help of the nurse navigator.

## \*Free e-mail service

Patients enrolled in the Healthy Baby Network can also enroll in Ingalls' weekly parenting e-mail service. This FREE service is powered by The Parent Review and includes tips and advice for expectant moms. Messages are personalized to coincide with your delivery date. They include information on your baby's development, wellness tips and much more. To sign up for the free email service, log on to [www.IngallsHealthSystem.org/babies](http://www.IngallsHealthSystem.org/babies).



## Nurse navigator

Being pregnant can be an overwhelming experience. However, patients enrolled in the Healthy Baby Network can feel at ease knowing they have the guidance and services of a nurse navigator, a licensed registered nurse with years of experience in community outreach and maternity care.

Going out into the community at various access points (home, school, church, etc.), the nurse navigator conveniently brings the Healthy Baby Network and its services to you. During the initial one-on-one visit, the nurse navigator conducts a clinical evaluation and makes arrangements for your prenatal care services. You are also interviewed to determine social services needs or issues relating to:

- ▶ Enrollment in Medicaid or WIC (supplemental nutrition for Women, Infant and Children)
- ▶ Family and nutritional counseling
- ▶ Homelessness
- ▶ Baby supplies
- ▶ Education
- ▶ Domestic violence or substance abuse
- ▶ Transportation

If an additional need or issue is identified, the nurse navigator coordinates referrals with our network partners.



Get connected:  
**Healthybaby** network



## To enroll

If you or someone you know is in need of prenatal care and would like to enroll in the Healthy Baby Network, call our nurse navigator at

**708.915.3825**



*A community-based prenatal care program*

# A healthy mom and baby

So, you're having a baby. Over the next nine months, your baby will depend on you to make sure he or she is growing and developing properly. This means that you need to eat healthier, exercise, get plenty of rest and most importantly – get prenatal care.

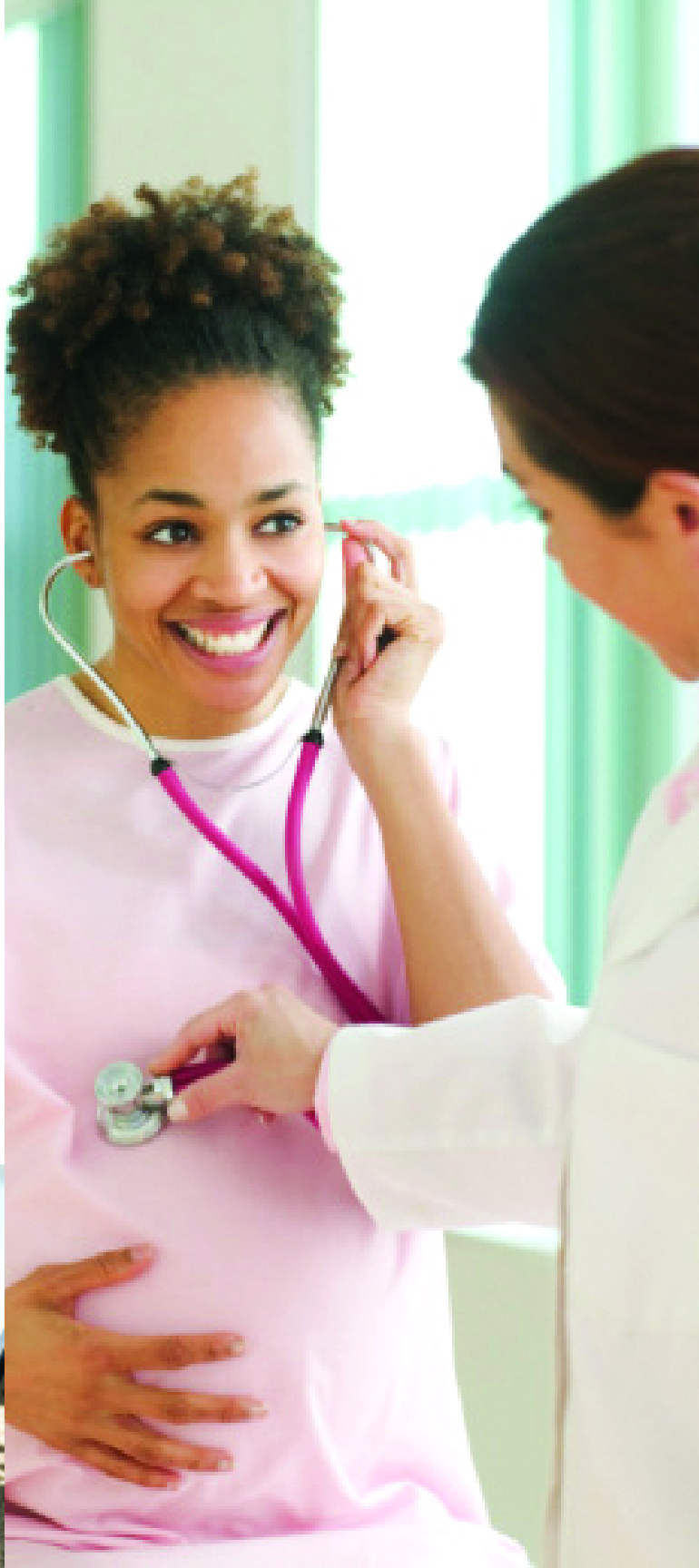
During prenatal care visits, your healthcare professional will monitor the progress of your pregnancy and identify any potential problems concerning you or your unborn child.

Research shows that all mothers-to-be who receive prenatal care throughout their pregnancy are less likely to have premature or low-birth-weight babies, and they are less likely to encounter serious health problems related to their pregnancy.

## Program overview

The Healthy Baby Network is a community outreach program that includes a unique network of local healthcare providers, retailers, government agencies, schools and community organizations that work together to coordinate prenatal care, education and social services for pregnant women.

The program is managed by Ingalls Memorial Hospital, which has over 85 years of experience in delivering high-quality healthcare and community outreach services.



# Network partners

The mission of the Healthy Baby Network is to coordinate care, education and resources to pregnant women and new mothers in order to improve their health and social stability. Our network partners and their services include:

**Aunt Martha's Healthcare Network** offers a full range of primary and preventive health services for children and adults of all ages. All services are offered in a warm, caring, multilingual and culturally sensitive environment. Aunt Martha's believes that everyone deserves to be treated with respect and dignity, regardless of their ability to pay.

- ▶ Healthy Start case manager rotating in the Ingalls Emergency Department (ED), providing resources, referrals and information to all pregnant women who receive services in the ED
- ▶ Health education classes



**CEDA Center for Community Action** is an affiliate of one of the largest private non-profit organizations in the country, serving more than 200,000 Cook County residents annually. Over thirty programs and services are offered in the areas of child and family development, health and nutrition services, senior citizen programs, economic development, employment and job training, housing services, education services and community development.

- ▶ WIC enrollment
- ▶ Liheap
- ▶ Rental Assistance Case Management
- ▶ Free Internet access

**Chicago Metropolitan OB/Gyne** is a network of obstetricians and gynecologists providing women's health services.

- ▶ Provides physician oversight



**ChildServ's** mission is helping children and families build better lives. For over 112 years, ChildServ has been helping vulnerable children and their families in the Chicagoland area. Today, they serve over 3,700 children and families annually throughout Cook, Lake and DuPage counties.

- ▶ Teen parent support group
- ▶ Parent Empowerment Program
- ▶ Extended family support
- ▶ Teen mom foster care services

**ECHO Family Enrichment** is a Birth-to-Three Prevention Initiative Program funded by the Illinois State Board of Education. The goal of the program is to assure school success by providing information and support to at-risk families with infants and toddlers. The ECHO Joint Agreement provides services to 15 school districts in the south suburban Chicagoland Area.

- ▶ Parent/Child Play Groups
- ▶ Parenting Groups
- ▶ PAT (Parents As Teachers) Home Visits
- ▶ Infant Massage
- ▶ Baby Talk Program Hospital Visits for new moms
- ▶ Toddler Field Trips
- ▶ Toy Lending Library



**Family Christian Health Center** is one of the largest freestanding community health centers in Chicago's south suburbs. Its mission is to provide excellent health care to the community, regardless of their ability to pay, in a manner that communicates in word and deed the love and gospel of Jesus Christ.

- ▶ Provides physician oversight

**Grand Prairie Services'** mission is the development of the emotional and behavioral health of individuals, families and communities of Southern Cook, Will, Grundy, Kankakee and Livingston Counties through a broad array of innovative emotional, behavioral, educational, community support and spiritual services.

- ▶ Crisis intervention
- ▶ Counseling services

**Harvey School District 152** includes: Brooks Middle School, Bryant Elementary School, Holmes Elementary School, Lowell-Longfellow Elementary School, Maya Angelou Elementary School, Riley Preschool, Sandburg Elementary School and Whittier Elementary School.

- ▶ Liaison for student and the primary care provider

**Ingalls Health System**, celebrating more than 85 years of service, includes the 553-bed hospital on its main campus in Harvey. Its comprehensive services, experienced staff, state-of-the-art equipment and attractive birthing suites make the birthing experience one to cherish. Its 20 private birthing suites feature all the comforts of home, including televisions with VCR/DVD players, sleeper-sofas for baby's dad or support person to spend the night, hardwood floors, large showers, soft lighting, plush furnishings and a wooden glider to rock baby to sleep.

- ▶ Liaison to nurse navigator
- ▶ Patient education
- ▶ Prenatal classes
- ▶ Nutrition counseling
- ▶ Free weekly parenting e-mail service\*

**Pass Pregnancy Care Centers** provides a confidential, non-pressure environment with various resources to clients both during and after pregnancy.

- ▶ Prenatal classes
- ▶ Abundant Life Program
- ▶ Limited Ultra Sound
- ▶ Post Abortion
- ▶ Impact Abstinence Education Program
- ▶ Shepard's House Maternity Home



**School District 147** includes: Washington Elementary, Rosa L. Parks Middle School, King Elementary and Lincoln Elementary.

- ▶ Liaison for student and the primary care provider

